

# MAXIMUM STUNT CLINIC



August 12

9 - 2:00

The North Parkland A.A. is proud to offer a one-day stunting clinic with the national and international champions...the MAXIMUMCHEER ALL-STARS and their enthusiastic coach Pat and Cookie McGowan and his staff! This is a fantastic opportunity for your cheerleaders to be trained in mounts, stunting and safety by one of the most talented and spirited groups in the U.S.!

The clinic will be held at the LCCC's Berrier Hall gym. We will begin the day with check-in at 8:45am. This will also be an excellent opportunity to purchase the NEW North Parkland cheerleading practice gear. At 9:00 am, the clinic will begin with warm-ups and stretching specifically geared toward cheering. Then all participants will be broken down by squads to begin learning age-appropriate skills. We will be taking a lunch break around 12:00 noon. We ask that all participants bring a brown bag lunch and a healthy drink to enjoy outside, weather permitting. Water will be available throughout the day. We suggest each girl brings a beach towel to sit on.

You don't want to miss this exciting opportunity to improve your skills and sharpen your motions to ready yourself for the competitive season! And you certainly don't want to miss the fun with the rest of your squad.

Registration will close by August 10th...**Register now!**

Yes, I want to be a part of the Maximum Stunt clinic. Enclosed is my fee of \$35.00.

Please make check payable to NPAA and give check and registration to your coach/team mom.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_